# Lodge Hill Jacob’s Ladder Risk Assessment Dated: 14th July 2020 Revision Date:

This activity specific risk assessment is to be accompanied by the ‘Lodge Hill Generic High Ropes Elements Risk Assessment’.

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| Hazard | Who | Risk Before Controls | Controls | Risk After Controls |
| Covid 19 transmission of infection due to contact between individuals and surfaces | All | Medium | Instructor demonstrates fitting of safety equipment at the start of activity to participants, maintaining 2 meter distance  Participants to fit own harnesses, assistance provided from other members of their group if social distance measures do not need to be kept.  Instructors and participants to wear face mask when operating within 2 meters of each other  Participants to attach themselves to safety equipment under supervision and guidance of instructor.  Instructor carries out robust visual checks of all safety equipment before ascent of climber  Peer belaying is to be temporarily suspended and Instructors directly belay all participants on a 1:1 climbing ratio to ensure social distancing measures.  Hand sanitizer made available and used before fitting safety equipment and before and after climbing  Metal work cleaned following a session using mild detergent/disinfectant wipes  Follow ‘Lodge Hill Equipment Procedure COVID-19: Care, Cleaning & Disinfection of Equipment’ if there is any suspicion that equipment has been exposed to a source of COVID-19 contamination. | Low |
| Setting up activity  Heavy lifting | Instructors | Medium | 2 members of staff to lift & carry bottom sections. Staff trained in manual handling techniques and wear appropriate footwear. | Low |
| Incorrectly fitted harness | Participants | High | Lodge Hill centre harnesses used for all, personal harnesses are not permitted for use by clients  Appropriate fitting to take place under guidance from qualified instructors and checked before use. | Low |
| Slips trips and falls | Climber | Medium | Ground area beneath climbers to be kept clear  Appropriate footwear worn and laces tied correctly  Clear briefing/instructions given to group. Be made aware of any tripping hazards or objects on the ground.  Keep area clear of unnecessary items  Participants are instructed in correct position and technique to be lowered down.  Participants to wear helmets during activity | Low |
| Hand Injuries | Climber | Medium | All rings removed and any jewellery or piercings that pose a risk to be removed or covered. Participants instructed to not hold on to cables when climbing up | Low |