

MindWorks Team Building Day

Theme – Year of Inspiration
16 adults to act as 2 teams of 8

Programme Timing

10:30am – 12:00pm

Team A – Team Interplay
Team B – Team Crate Stack Challenge

12:00pm – 1:00pm

Lunch

1:00pm – 2:30pm

Team A – Team Crate Stack Challenge
Team B – Team Interplay

Programme Part 1 - Team Interplay

Each team will attempt to complete the following challenge initiative tasks by using their communication skills, natural cunning, ingenuity and cooperative abilities.

Plank Skis' Traverse - The team must cross the forbidden zone on the giant 8 person skis. No one can touch the floor or you must start again.

Minefield Jigsaw - The ultimate communication exercise. Cross the explosive minefield and build the jigsaw blindfolded, aided by talkative friends.

Slam Dunk with a Difference - An off the roof challenge that needs speed, hand eye coordination and everything else you have learned today to score an unusual slam dunk. Then go for the slam dunk record!

Radioactive Swamp Crossing - Using tyres and planks and taking your whole team with you; cross the radioactive swamp- but don't fall in!

Octogolf - One for the 'hole in one' fanatics. Double your money by playing blindfolded linking your whole team into choreographed action.

Bomb Removal - Your day is on hold. This bomb will explode in 15 minutes unless your team remove it out of the danger zone. You can't touch it or physically enter the zone. Impossible? Never...

Put Sheep Back in the Sheepfold – A testing communication and cooperation exercise with blindfolds but without the sheep dogs!

Programme Part 2 - Crate Stack Challenge

Literally support your team as they cooperate to build the highest stack of crates that can support 2 people high in the sky.